

Well Within the Law Festival

Date: Wednesday 4 September, 5.00pm - late

Venue: The Marquee, Law Society of Ireland,

Blackhall Place, Dublin

Join us for enriching event with 1 hour CPD professional development and solicitor wellbeing (by group study), designed to connect our legal community.





WELCOME

Welcome to the Law Society Well Within the Law festival on the theme of Culture First. We will gather under the marquee to explore and celebrate what makes us and our legal workplaces, stronger and more connected.

TIMELINE FOR THE EVENING

4:00 - 5:00pm – Unwind and Power Up with Slán Solas

5:00 - 5:30pm - Registration

5:00 - 6:00pm - Music, refreshments and outdoor BBQ

6:15 - 6:25pm – Welcome from the Director General Mark Garrett

6:25 - 6:35pm – Unveiling Elephant in the Room sculpture by Law Society President Barry MacCarthy

6:35 - 7:05pm – In Conversation: The Value of Being Open with Brent Pope

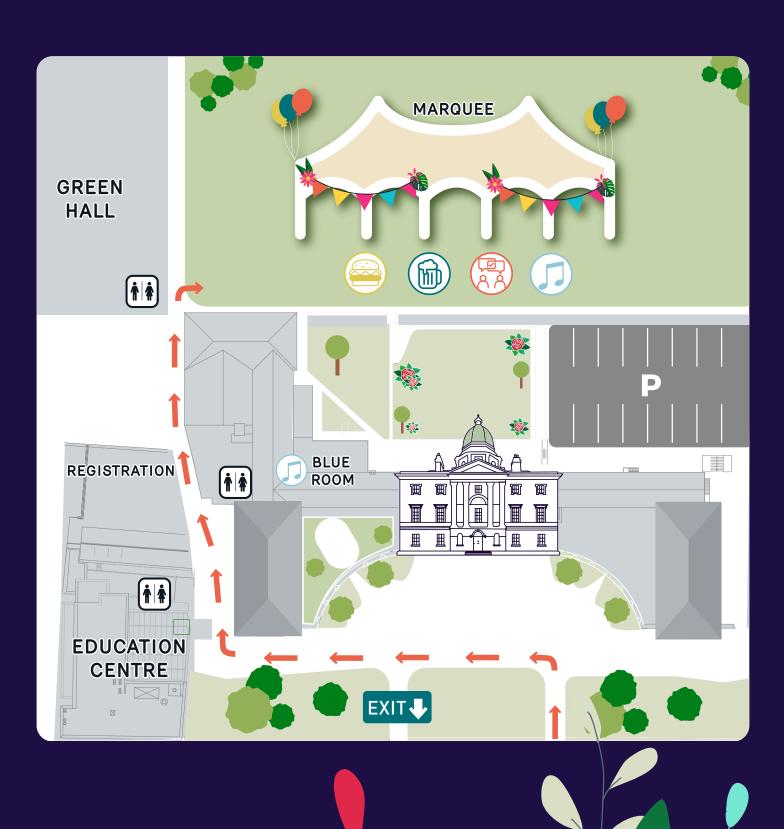
7:15 - 8:00pm – 'How to be Well Within the Law: Transforming the Future of the Legal Profession' Panel Discussion

8:00 - 9:15pm - Craicly Stories

9:15 - 9:30pm - Closing Remarks



FESTIVAL MAP



Unwind and Power Up with Slán Solas

4.00-5.00pm





Law Society Psychological Services are excited to partner with Slán Solas for "Unwind and Power Up". Featuring gentle yoga, breathwork, sound baths, and live music. Open to solicitors and trainees. Let's come together in a supportive and uplifting environment.

Don't miss this unique experience to recharge and network with your legal community on the beautiful Law Society Sports Field.

Please bring your own yoga mat if you are attending this event

Unveiling Law Society of Ireland's Elephant in the Room

As part of a new partnership with Elephant in the Room, founder Brent Pope is joining our festival to unveil our elephant sculpture. Brent is a former professional rugby player, a qualified psychotherapist and an advocate of greater mental health awareness and understanding.



Storytelling with Craicly Stories







Our overall aim with this festival is to put Culture First by harnessing the power of your voices. Through live performances from storytellers from across the legal profession, this event will spotlight experiences, fostering open conversations and promoting a healthy legal culture.

This element of the festival is created in partnership with Irish storytelling company <u>Craicly</u>.

Panel discussion: 'How to be Well Within the Law; Transforming the Future of the Legal Profession'

Join us for an insightful panel discussion on 'How to be Well Within the Law, Transforming the Future of the Legal Profession. Our experienced panel of professional services leaders will explore the meaning of culture and its importance in business.



SPEAKERS ON THE NIGHT



Lisa Mc Kenna



Jane Gormley



Geraldine Clarke, SC



Jessica Lee



Sinead Mc Sweeney



Mark Scully



Matthew Mulrooney



Paula McLoughlin



Stuart Gilhooly, SC



Brent Pope



Sana Sanai



Jamie Olden



Lisa Carty









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